

# KDIH's Battlefield Tour Clothing Guidelines

## Major Tenets:

- 1) Pack for a wide range of weather from 90+ degrees to cold, damp and rainy.
- 2) Pack smartly to travel as lightly as possible. You don't need to change clothes every day.
- 3) Using the internet, monitor weather conditions in key European cities before departing.

## For the Field:

- 1) Sturdy footwear that is good in muddy/slippy conditions. I prefer ankle boots because of the support climbing the sides of hills and ravines. Others prefer good hiking/trekking shoes.
- 2) A few pairs of comfortable socks
- 3) A few pairs of sturdy pants for walking through thickets and occasional barbed wire
- 4) A combination of long-sleeve shirts, one sweater or fleece layer and one water-proof outer shell. I have found that this combination provides flexibility that works well in almost all conditions. (In hot summers mix in some short-sleeve shirts and lighter weight pants.)
- 5) A hat, if your jacket has no hood.
- 6) A sturdy, lightweight, folding umbrella. I recommend a Totes umbrella.
- 7) A small, but powerful flashlight is suggested.



## For Dinner and Special Occasions:

- 1) Europeans tend to dress nicer for dinner than casual American diners.
- 2) For men: One or two combinations of casual shirts and pants, perhaps combined with a sweater and/or sports coat, provides the ability to change things up from night to night.
- 3) For women: Pants or a skirt is fine. A dress is not necessary. European women love their scarves and jewelry.

## Other Considerations:

- 1) Bring a wash cloth. European hotels expect clients to bring their own wash clothes.
- 2) An US to Europe electrical plug adapter. Most computers, laptops and phone charging cords are made to run on both 110 and 220 volts.